



CYCA YOUTH SAILING ACADEMY TALENTED SAILOR SQUAD 2020

SYDNEY, AUSTRALIA // 13 - 16 JULY 2020

MUSTO

TOGA

9



The 2020 CYCA Youth Sailing Academy Talented Sailor Squad (TSS) will allow sailors to develop their keelboat sailing skills and shape a better understanding of fleet racing knowledge and tactics. For the first time, the program will be run during the school holiday period and will incorporate coaching from CYCA staff and provide each sailor with greater opportunities to fast-track their keelboat experience and have the ability to progress to higher squads within the same year cycle.

Program Objectives

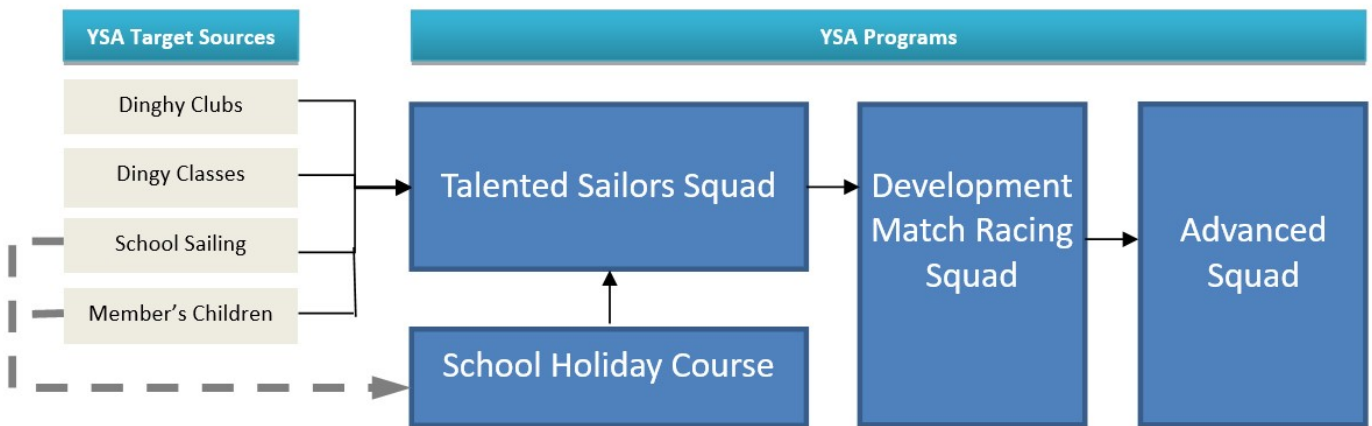
- Deliver coaching for participants to develop their sailing skills for keelboats
- Fine tune the basics of fleet racing in Elliott 7s
- Develop a sound understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that will enhance your fleet racing
- Develop a satisfactory level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience

Sail Training Program – (9000 – 1500hrs)

The sail training program will run over four consecutive days during the Term 2 school holiday period. Sailors will build their skills across all positions during the course. Upon completion of the TSS program, each sailor will be assessed and advised on the best pathway forward to continue to develop their sailing skills.

Training Dates: 13 - 16 July 2020

Pathway



Eligibility:

If you would like to join the program, please complete the online registration form. Sailors must be between the ages of 13 and 17 and have already demonstrated a satisfactory level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing Academy programs. It is recommended that sailors have keelboat experience with spinnakers. All applications will be assessed on merit for the available positions.

Program Cost:

Talented Sailor Squad program - \$500.00

Includes all boat use, coaching throughout the course, CYCA membership and YSA Presentation dinner (TBC).

CYCA Members will receive a 15% discount when booking for their children or grandchildren.

Active Kids Program

Through a New South Wales Government initiative, the CYCA Youth Sailing Academy has been approved as an Active Kids Program provider which allows parents to claim and redeem a \$100.00 Active Kids voucher per school enrolled child to cover registration of a CYCA Youth Sailing Academy course. To be eligible for the grant, please complete the online application form [here](#).

**COVIDSafe Plan**

Due to the COVID-19 pandemic, the CYCA Youth Sailing Academy will be implementing a COVIDSafe Plan to safe guard participants, volunteers and staff. The following strategies will be enforced during the program:

- Sign in/out registration for all participants when attending squad. Temperature checks will be taken onsite upon arrival
- John Messenger Building and YSA Container restricted to YSA Staff only
- Sailors to arrive at CYCA changed, ready for sailing
- Briefing and de-briefs to take place on hardstand or Freya Room with social distancing enforced. These will be limited to a maximum of 60 minutes
- Teams to remain the same throughout season where possible
- Equipment to be thoroughly washed after each session and hand sanitiser to be available throughout session

If you are feeling unwell, we request your remain at home and do not train.

Contact

Pam Scrivenor

CYCA Youth Sailing Academy Administrator

Ph: 02 8292 7814

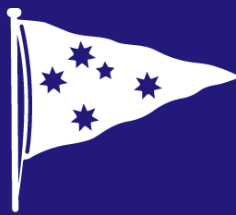
Email: ysa.admin@cyca.com.au

Jordan Reece

CYCA Youth Sailing Academy Head Coach

Ph: 02 8292 7806

Email: jordan.reece@cyca.com.au



CRUISING YACHT CLUB OF AUSTRALIA

Home of the Rolex Sydney Hobart Yacht Race