



CYCA YOUTH SAILING ACADEMY DEVELOPMENT MATCH RACING SQUAD 2020

SYDNEY, AUSTRALIA // 12 JULY - 27 SEPTEMBER 2020



The 2020 CYCA Youth Sailing Academy Development Match Racing (DMR) Squad program provides a pathway for youth sailors to develop their keelboat experience and introduces sailors to the discipline of match racing. Running from July to September 2020, the program will incorporate coaching from CYCA staff and provide each sailor with opportunities to represent the CYCA at local and state match racing events across the revised sailing season.

Program Objectives

- Deliver coaching for athletes to develop their sailing skills
- Fine tune the basics of fleet racing in Elliott 7s
- Develop a deeper understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that can be used in both fleet and match racing
- Provide ongoing opportunities for athletes to represent the CYCA at local, state, and national events across winter
- Develop a high level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience
- Develop and fine tune match racing knowledge
- Make valuable connections to kick-start your sailing career

Sail Training Program – (0800 – 1300hrs)

The sail training program will run from July to September 2020 with 12 training sessions scheduled. Sailors will nominate two positions for the season with more emphasis on building set skills in those areas and finding a preferred position for future development. Sailors will have the opportunity to compete in match racing competitions during the program.

Dates: Sun 12 Jul, 19 Jul, 26 Jul, 2 Aug, 9 Aug, 16 Aug, 23 Aug, 30 Aug, 6 Sept, 20 Sept, 27 Sept

Regattas: Captain John Piper Regatta: 12 - 13 September
Club Marine NSW State Titles: 24 - 25 October

Representative Events:

As part of the DMR program, each sailor will have an opportunity to represent the CYCA in match racing events.

Captain John Piper Regatta

Up to four DMR teams may participate in the Captain John Piper Regatta.

Club Marine NSW Youth Match Racing Championship

Up to two DMR teams may participate in the Club Marine NSW Youth Match Racing Championship, with some offered positions as float on Advanced Squad teams. This year, the event will take place over the weekend of 24-25 October.

Newcastle Cruising Yacht Club Grade 4

The Cracker Jack Cup (19-20 Dec) will be incorporated into the DMR program in 2020 with one team selected to represent the squad. Accommodation will be provided overnight in Newcastle with the team traveling with a YSA Coach.

Eligibility:

If you would like to join the program, please complete the online registration form by Friday 26 June 2020. Athletes must be over the age of 14 and have already demonstrated a high level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing Academy programs. All applications will be assessed on merit for the available positions.



Program Cost:

Development Match Racing Squad - \$600.00

Includes all boat use, coaching throughout the course, entry fees to the representative events, YSA Presentation dinner (TBC) and CYCA membership.

CYCA Members will receive a 15% discount when booking for their children or grandchildren

Active Kids Program

Through a New South Wales Government initiative, the CYCA Youth Sailing Academy has been approved as an Active Kids Program provider which allows parents to claim and redeem a \$100.00 Active Kids voucher per school enrolled child to cover registration of a CYCA Youth Sailing Academy course. To be eligible for the grant, please complete the online application form [here](#).

COVIDSafe Plan

Due to the COVID-19 pandemic, the CYCA Youth Sailing Academy will be implementing a COVIDSafe Plan to safe guard participants, volunteers and staff. The following strategies will be enforced during the program:

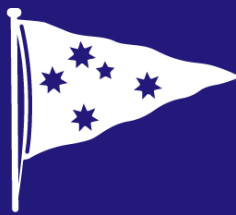
- Sign in/out registration for all participants when attending squad. Temperature checks will be taken onsite upon arrival
- John Messenger Building and YSA Container restricted to YSA Staff only
- Sailors to arrive at CYCA changed, ready for sailing
- Online briefings throughout course
- De-briefs to take place on hardstand or Freya Room with social distancing enforced. These will be limited to a maximum of 60 minutes
- Teams to remain the same throughout season
- Equipment to be thoroughly washed after each session and hand sanitiser to be available throughout session

If you are feeling unwell, we request your remain at home and do not train.

Contact

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CRUISING YACHT CLUB OF AUSTRALIA

Home of the Rolex Sydney Hobart Yacht Race