Noakes Spring 7s Series 2019

SAILING INSTRUCTIONS

SYDNEY, AUSTRALIA

Abbreviations

PC – Protest Committee

OA – Organising Authority

RRS – Racing Rules of Sailing

NoR – Notice of Race

CYCA – Cruising Yacht Club of Australia

WS – World Sailing

RC – Race Committee

NA – National Authority

SI – Sailing Instructions

AS – Australian Sailing

YSA – Youth Sailing Academy

1 RULES

1.1 The event will be governed by

(a) The 'rules' as defined in the RRS of World Sailing (2017-2020)

(b) These SI's, and any amendments.

(c) The Notice of Race

(d) The prescriptions and special regulations of Australian Sailing.

(e) The rules for the Handling of Boats (SI appendix A), which also apply to any practice sailing. Class rules will not apply.

(f) When there is conflict, the SI shall prevail over the NoR.

1.2 The Organising Authority is the Cruising Yacht Club of Australia.

1.3 Changes to Racing Rules

(a) Add to the definition of Proper Course: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a proper course'.

(b) The first sentence of RRS 44.1 is replaced with: 'A boat may take a voluntary One-Turn Penalty when she has broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or RRS 31 while racing.'

(c) RRS 64.1 is amended in that the penalty for breaking RRS 14 when damage results will be at the discretion of the RC and may include exclusion from further races in the regatta.

2 ENTRIES & ELIGIBILITY

2.1 Only teams invited by the OA will be eligible to enter the event.

2.2 To remain eligible the skipper or his/her representative shall pay the entry fee of $720 and the damage deposit of AUD$1100 prior to 1730hrs on Tuesday 8 October 2019 unless extended by the OA. Each crew member shall complete a General Disclaimer and Acknowledgment of Rights Form prior to racing.

2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.

2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the RC.

2.5 After the warning signal for a race the registered skipper shall not leave the helm, except in an emergency.

2.6 When a registered skipper is unable to continue in the event, the RC may authorise an original crew member to substitute.

2.7 When a registered crew member is unable to continue in the event, the RC may authorise a substitute, a temporary substitute or other adjustment.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located outside the YSA Container.

3.2 Signals made ashore will be displayed from the flagpole at the SW end of CYCA deck.

3.3 Skippers shall attend daily briefings which will be at 1730 hours each race date evening on the Hardstand, unless excused by the OA.

4 AMENDMENTS TO SAILING INSTRUCTIONS

4.1 Amendments to the SI made ashore will be posted at least 30 minutes before the start of any race affected.

4.2 Amendments made afloat will be signalled by the display of flag 3rd substitute with three sound signals. The RC may communicate these either verbally or in writing.

5 BOATS AND SAILS

5.1 (a) The event will be sailed in Elliott 7m type boats.

(b) The sails to be used will be allocated by the RC.

5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals shall have the following meaning:

Signal Sail combination to be used

No signal Full sails (Main, Jib & Asymmetrical Spinnaker)

International Code Flag 'J' Main and Jib only

5.3 A competitor shall not alter, reposition or add to the standard equipment as supplied by the CYCA in accordance with Appendix A.

5.4 Other restrictions or instructions may be given to the boats verbally by a coach.

Flag 3rd substitute is not required.

6 IDENTIFICATION & ASSIGNMENT OF BOATS

6.1 Boats will be identified by the bow number.

6.2 Boats will be allocated by CYCA.

7 CREW

The total number of crew, including the skipper, shall be four or five. A list of registered crew shall be submitted prior to racing each race day of the series. The skipper plus at least one other crew member shall be a CYCA member (unless approved by the RC).

8 SCHEDULE OF RACES

8.1 The racing days are Tuesday 8, 15, 22, 29 October 2019. Tuesday 5 November is scheduled as a reserve day if needed.

8.2 The warning signal for the first race each evening will not be made before 1755hrs.

8.3 The warning signal for subsequent races will be made as soon as possible after the finish of the preceding race.

9 RACING AREA

The intended racing area will be in the vicinity of Rushcutters Bay, Sydney Harbour.

10 COURSE

10.1 The courses shall be windward/leeward configurations with a leeward gate. The course length will be adjusted to provide an elapsed time of approximately 12 minutes.

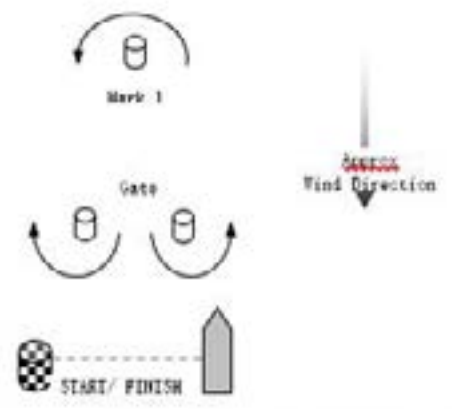
10.2 Mark 1 will be laid to windward of the start line.

10.3 The Gate will be laid approximately 20 metres to windward of the start line. (NB the Gate may be laid after the start).

10.4 Boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one gate mark is set, the mark shall be rounded to port.

10.5 The course descriptions are:

COURSE SIGNAL	COURSE CONFIGURATION All Marks rounded to PORT
1	Start – 1 – Finish (Downwind)
2	Start – 1 – Gate –1 – Finish (Downwind)
3	Start – 1 – Gate – 1 – Gate – 1 – Finish (Downwind)



(Diagram – Not to scale)

11 MARKS

11.1 Mark 1 and the Gate Marks will be cherry marks

11.2 The start/finish mark will be a checked black and white inflatable mark.

12 THE START

12.1 The start/finish line will be a straight line between the course side of the start finish mark and a white flag with 'CYCA' in black on the flag mast on the RC boat.

12.2 An inner distance mark may be laid near the CV. Boats shall not pass between the CV and the mark after a preparatory signal.

12.3 Start signals will be made in accordance with RRS 26.

12.4 The Class Flag will be International Code Flag "E'.

12.5 A boat shall not start later than 5 minutes after the start signal.

13 RECALLS

Individual and General recalls will be signalled in accordance with RRS 29.

14 SHORTENING COURSE

Courses may be shortened in accordance with RRS 32.2.

15 THE FINISH

15.1 The start/finish line will be a straight line between the course side of the start/finish mark and a white flag with 'CYCA' in black on the flag mast on the RC boat.

16 TIME LIMIT

16.1 The time limit for all races will be 25 minutes, or within ten minutes of the first boat to finish, whichever is earliest.

16.2 Boats not finishing within the time limit shall be scored DNF (amends RRS 35)

17 SCORING

17.1 The Noakes Spring 7s Series will consist of a maximum of sixteen (16) races. The minimum races to constitute a series will be four (4).

17.2 The Low Point Scoring System of Appendix A of the RRS will apply.

17.3 Series Point score:

If 13-16 races are completed, a boats highest 2 scores shall be discarded.

If 10-12 races are completed, a boats highest score shall be discarded.

If less than 10 races are completed, a boats series score will be the total of her race scores.

18 MEDIA RIGHTS AND RESTRICTIONS

18.1 The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

19 PRIZES

19.1 Prizes will also be awarded to 1st, 2nd and 3rd overall.

19.2 The Prize Giving will take place on the CYCA deck following racing on the last day of the series.

20 DISCLAIMER

20.1 All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing, and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 4, which states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

SI APPENDIX A HANDLING THE BOATS

1. GENERAL

While all reasonable steps are taken to equalise the boats, variations will not be grounds for redress. (Amends RRS 62)

2 PROHIBITED ITEMS AND ACTIONS

Except in an emergency or to prevent damage or injury, or when directed by an umpire or the RC otherwise, the following are prohibited:

2.1 Any additions, omissions or alterations to the equipment supplied.

2.2 The use of any equipment for purpose other than that intended or specifically permitted.

2.3 The replacement of any equipment without the sanction of the RC.

2.4 Sailing the boat in a manner that is reasonable to predict that significant further damage would result.

2.5 Moving equipment from its normal stowage position except when being used.

2.6 Boarding a boat without prior permission.

2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.

2.8 Hauling out a boat or cleaning surfaces below the waterline.

2.9 Attaching lines to the fabric of spinnakers.

2.10 Using any other lines excluding sheets to assist with leverage.

2.11 Perforating sails, even to attach tell tales.

2.12 Radio transmission (including mobile phones) while racing.

2.13 Adjusting or altering the tension of standing rigging.

2.14 Using a winch to adjust the mainsheet, vang or cross sheeting.

2.15 Omitting any headsail car or turning block before sheeting.

2.16 The use of electronic equipment other than watches.

2.17 Using the spinnaker pole to wing out the foresail.

2.18 Marking directly on the hull or deck with permanent ink.

2.19 Any adjustments to the spinnaker bags or their attachments.

2.20 The use of the shrouds above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.

2.21 Extending the bow sprit on any leg of the course unless in use with asymmetric spinnaker.

2.22 Hiring a boat while under the influence of alcohol or drugs.

2.23 Smoking while on the boat.

2.24 A breach of SI Appendix B2.20 & B2.21 is not open to protest by boats but is subject to action by RC in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

3 PERMITTED ITEMS AND ACTIONS

The following are permitted:

3.1 Taking a bag on board containing:

3.1.1 Basic hand tools

3.1.2 Adhesive tape

3.1.3 Line (elastic or otherwise of 4 mm diameter or less)

3.1.4 Marking pens

3.1.5 Telltale material

3.1.6 Watch, timers and hand held compass

3.1.7 Shackles and clevis pins

3.1.8 Velcro tape

3.1.9 Spare flags

3.1.10 Hand held compass

3.2 Using the items in 3.1 to:

a) Prevent the fouling of lines, sails and sheets

b) Prevent sails being damaged or falling overboard.

c) Mark control settings

d) Make minor repairs & permitted adjustments

e) Attach tell tales

f) Make signals as per RRS C6

4 MANDATORY ITEMS AND ACTIONS

The following are mandatory:

4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. The report shall include any evidence of matters that could cause damage or disadvantage to the boat in future matches. Failure to submit a damage report on any day will result in a $50 deduction from the crew's damage deposit.

4.2 At the end of each sailing day:

4.2.1 Folding, bagging and placement of the sails as directed

4.2.2 Leaving the boat in the same state of cleanliness as when first boarded that day

4.3 At the end of each day for a particular boat the crew shall clean the boat (cabin and decks), remove all trash, remove all tape and marks and use bucket and sponge to remove any water from bilge.

4.4 Any requests to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

4.6 A breach of SI Appendix C 4.2 and 4.3 will be considered damage and the cost of rectification will be deducted from the damage deposit.

SI APPENDIX C – EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

Sails and Sailing Equipment

- Mainsail and set of battens
- Headsail
- Spinnaker
- One winch handle
- Two spinnaker sheets
- One headsail sheet
- Tiller extension

Safety Gear, Tools and Other Equipment

- One set of flags
- One bucket & lanyard with sponge
- Tow rope
- Two paddles, anchor, torch, knife
- Four/five life jackets

CRUISING YACHT CLUB OF AUSTRALIA

Home of the Rolex Sydney Hobart Yacht Race