



CRUISING YACHT CLUB OF AUSTRALIA

Home of the Rolex Sydney Hobart Yacht Race

CYCA YOUTH SAILING ACADEMY
WINTER SQUADS 2019
TALENTED SAILOR SQUAD
SYDNEY, AUSTRALIA // 5 MAY—23 JUNE 2019





The 2019 CYCA Youth Sailing Academy Talented Sailor Squad (TSS) will allow sailors to develop their keelboat sailing skills and shape a better understanding of fleet racing knowledge and tactics. Running over eight weeks throughout May and June, the program will incorporate coaching from CYCA staff and provide each sailor with greater opportunities to fast-track their keelboat experience and have the ability to progress to higher squads within the same year cycle.

Program Objectives

- To deliver coaching for athletes to develop their sailing skills for keelboats
- Fine tuning the basics of fleet racing in Elliott 7s
- Develop a sound understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that will enhance your fleet racing
- Develop a satisfactory level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience

Sail Training Program – (1300 – 1700hrs)

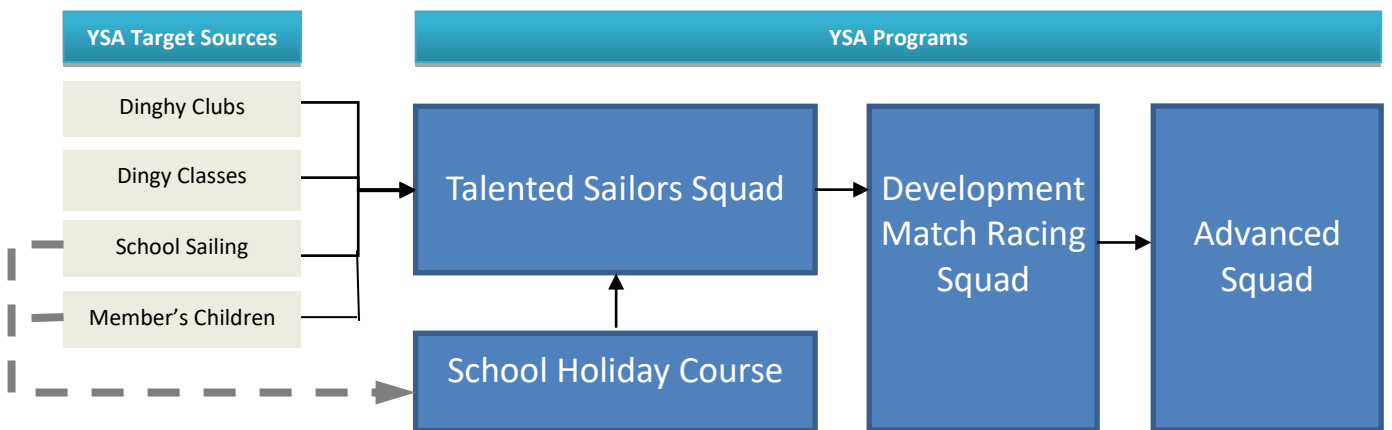
The sail training program will run over six Sunday sessions across May and June. Sailors will build set skills across all positions to fine tune their skills. Upon completion of the TSS program, each sailor will be assessed and advised on the best pathway forward to continue to develop their sailing skills.

Training Dates:

Sundays 5 May, 12 May, 19 May, 26 May, 2 Jun, 16 Jun, 23 Jun

Presentation Evening: Friday 30 August 2019

Pathway



Eligibility:

If you would like to join the program, please complete the online registration form. Sailors must be between the ages of 13 and 17 years of age and have already demonstrated a satisfactory level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing Academy programs. It is recommended that sailors have previous spinnaker experience and it is recommended that all sailors should have either keelboat experience or preferably participated in a CYCA Youth Sailing Academy School Holiday Course. All applications will be assessed on merit for the available positions.



TALENTED SAILOR SQUAD 2019

Program Cost:

Talented Sailor Squad program - \$450.00

Includes all boat use, coaching throughout the course, CYCA membership and YSA Presentation Dinner.

Active Kids Program

Through a New South Wales Government initiative, the CYCA Youth Sailing Academy has been approved as an Active Kids Program provider which allows parents to claim and redeem a \$100.00 Active Kids voucher per school enrolled child to cover registration of a CYCA Youth Sailing Academy course. To be eligible for the grant, please complete the online application form [here](#).



Contact

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