



CRUISING YACHT CLUB OF AUSTRALIA
Home of the Rolex Sydney Hobart Yacht Race

CYCA YOUTH SAILING ACADEMY
WINTER SQUADS 2019
DEVELOPMENT MATCH RACING
SQUAD
SYDNEY, AUSTRALIA // 5 MAY—21 JULY 2019





DEVELOPMENT MATCH RACING SQUAD 2019

The 2019 CYCA Youth Sailing Academy Development Match Racing (DMR) Squad program represents a more refined and direct pathway for youth sailors to develop their keelboat experience and fleet racing knowledge as well as introduce sailors to the discipline of match racing. The structure includes a longer segregated program incorporating both fleet and match racing components.

The program will allow sailors to set realistic goals and shape better understanding across both disciplines. Running from May through to July, the program will incorporate coaching from CYCA staff and provide each sailor with equal opportunities to represent the CYCA at local, state and national fleet and match racing events across the winter period.

Program Objectives

- To deliver coaching for athletes to develop their sailing skills
- Fine tuning the basics of fleet racing in Elliott 7s
- Develop a deeper understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that can be used in both fleet and match racing
- Provide ongoing opportunities for athletes to represent the CYCA at local, state, and national events across winter
- Develop a high level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience
- Develop and fine tune match racing knowledge
- Make valuable connections to kick-start your sailing career

Sail Training Program – (0800 – 1200hrs)

The sail training program will run from May to July with twelve training and regatta sessions scheduled. Athletes are expected to attend 90% of training sessions. Sailors will nominate two positions for the season with more emphasis on building set skills in those areas and finding a preferred position for future development. Sailors will have the opportunity to compete in both a match and fleet racing competition during the program. Sailors will also be given opportunities to sail on member's yachts during the CYCA Winter Series.

Weeks 1-8: Sundays 5 May, 12 May, 19 May, 26 May, 2 Jun, 16 Jun, 23 Jun
Fleet Racing, Elliott 7m tuning and crew combinations
Events: Interclub Challenge (see below)

Weeks 9-11: Sundays 30 Jun, 7 Jul, 14 Jul, 20 Jul, 21 Jul
Consolidation of crew positions and introduction to match racing
Events: Captain John Piper Regatta (see below)

Representative Events:

As part of the DMR program, each sailor will have an opportunity to represent the CYCA in fleet and match racing events. Sailors will also have the opportunity to participate in local match racing events hosted by the CYCA upon selection.

Interclub Challenge

The Interclub Challenge is a fleet racing series contested by the CYCA, Royal Prince Alfred Yacht Club, Royal Sydney Yacht Squadron and Newcastle Cruising Yacht Club. It was created in 2001 as a way to help identify and build youth sailors experience in fleet racing events. Each participating yacht club may enter up to two teams per event (excluding NCYC event, where one team is invited per club). The CYCA encourages active participation from all DMR members in this series and will provide each sailor with the opportunity to compete.



DEVELOPMENT MATCH RACING SQUAD 2019

Dates for the 2019 Interclub Challenge are:

Sunday 2 June – NCYC
Sunday 16 June – RSYS
Sunday 23 June – RPAYC
Sunday 30 June – CYCA

Selective teams will be nominated two weeks in advance for each Interclub Challenge event.

Captain John Piper Regatta

Usually exclusive to YSA Advanced Squad sailors, this year's Captain John Piper Regatta will once again feature DMR sailors, giving them the opportunity to develop their match racing skills over the training dates and complete the program by competing in their first match racing event. The CJP Regatta is a 2-day World Sailing Grade 4 event and is open to all yacht clubs with 10 teams invited.

Regatta dates – Sat 20 & Sun 21 July 2019

Presentation Evening: Friday 30 August 2019

Eligibility:

If you would like to join the program, please complete the online registration form by Friday 19 April 2019. Athletes must be over the age of 14 and have already demonstrated a high level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing Academy programs. All applications will be assessed on merit for the available positions.

Program Cost:

Development Match Racing Squad - \$600.00
Includes all boat use, coaching throughout the course, entry fees to the representative events, YSA Presentation dinner and CYCA membership.

Active Kids Program

Through a New South Wales Government initiative, the CYCA Youth Sailing Academy has been approved as an Active Kids Program provider which allows parents to claim and redeem a \$100.00 Active Kids voucher per school enrolled child to cover registration of a CYCA Youth Sailing Academy course. To be eligible for the grant, please complete the online application form [here](#).



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