



CYCA  
YOUTH SAILING  
ACADEMY

CELEBRATING  
TWENTY-FIVE  
YEARS

## **CYCA Youth Sailing Academy Talented Sailor Squad 2018**

The CYCA Youth Sailing Academy will celebrate its 25<sup>th</sup> season in 2018. The 2018 CYCA Youth Sailing Academy Talented Sailor Squad (TSS) will allow sailors to develop their keelboat sailing skills and shape a better understanding of fleet racing knowledge and tactics. Running over six Sunday weekends throughout May and June, the program will incorporate coaching from CYCA staff and provide each sailor with greater opportunities to fast-track their keelboat experience and have the ability to progress to higher squads within the same year cycle.

### **Program Objectives**

- To deliver new world class coaching for athletes to develop their sailing skills
- Fine tuning the basics of fleet racing in Elliott 7s
- Develop a sound understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that will enhance your fleet racing
- Develop a satisfactory level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience

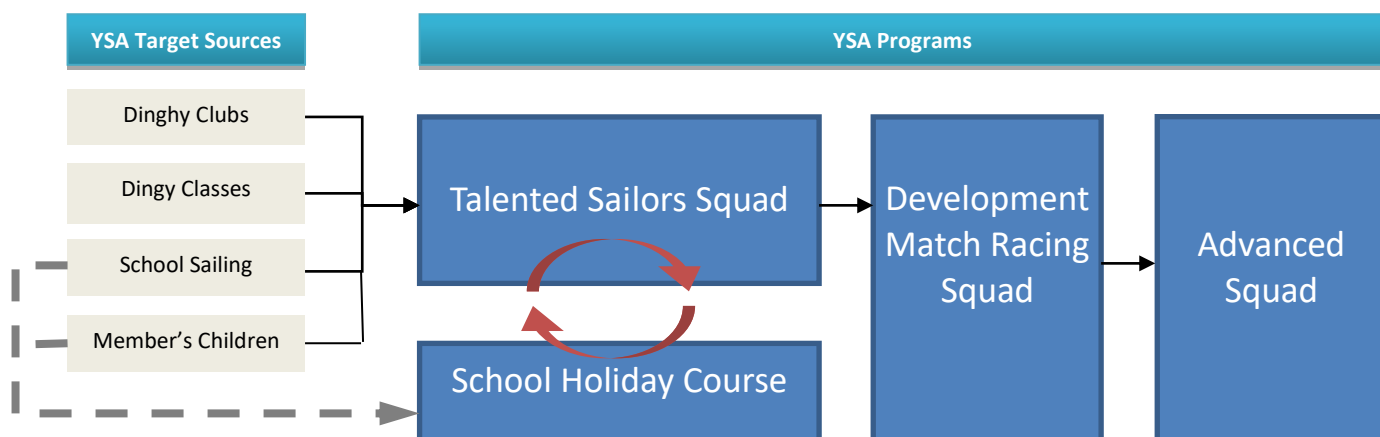
### **Sail Training Program – (1300 – 1700hrs)**

The sail training program will run over six Sunday sessions across May and June. Sailors will build set skills across all areas before nominating a preferred position to fine tune their skills. Upon completion of the TSS program, each sailor will be assessed and advised on the best pathway forward to continue to develop their sailing skills.

### **Training Dates:**

Sunday 6 May  
Sunday 13 May  
Sunday 20 May  
Sunday 27 May  
Sunday 3 June  
Sunday 17 June

## Pathway



### Eligibility:

If you would like to join the program, please complete the online registration form. Sailors must be between the ages of 13 and 17 years of age and have already demonstrated a satisfactory level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing programs. It is recommended that sailors have previous spinnaker experience and it is recommended that all sailors should have either keelboat experience or preferably participated in a CYCA Youth Sailing Academy School Holiday Course. All applications will be assessed on merit for the available positions.

### Presentation Evening:

Friday 26 October 2018

### Program Cost:

Talented Sailor Squad program - \$380.00

Includes all boat use, coaching throughout the course, CYCA membership and Presentation Dinner.

### Contact

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