



CYCA
YOUTH SAILING
ACADEMY

CELEBRATING
TWENTY-FIVE
YEARS

CYCA Youth Sailing Academy Development Match Racing Squad 2018

The CYCA Youth Sailing Academy will celebrate its 25th season in 2018. The 2018 CYCA Youth Sailing Academy Development Match Racing (DMR) Squad program represents a more refined and direct pathway for youth sailors to develop their keelboat experience and fleet racing knowledge as well as introduce sailors to the discipline of match racing. The new structure includes a longer segregated program incorporating both fleet and match racing components.

The program will allow sailors to set realistic goals and shape better understanding across both disciplines. Running from May through to July, the program will incorporate elite coaching from CYCA staff and provide each sailor with equal opportunities to represent the CYCA at local, state and national fleet racing and match racing events across the winter period.

Program Objectives

- To deliver world class coaching for athletes to develop their sailing skills
- Fine tuning the basics of fleet racing in Elliott 7s
- Develop a deeper understanding and knowledge of the Racing Rules of Sailing
- Improve tactics that can be used in both fleet and match racing
- Provide ongoing opportunities for athletes to represent the CYCA at local, state, and national events across winter
- Develop a high level of boat handling skills using both asymmetric and symmetrical spinnakers
- Gain valuable teamwork experience
- Develop and fine tune match racing knowledge
- Make valuable connections to kick-start your sailing career

Sail Training Program – (0800 – 1300hrs)

The sail training program will run from May to July with thirteen training and regatta sessions scheduled. Athletes are expected to attend 90% of training sessions. Sailors will nominate 2 positions for the entire season with more emphasis on building set skills in those areas and finding a preferred position for future development. Sailors will have the opportunity to compete in both a match and fleet racing competition during the course of the program. Sailors will also be given opportunities to sail on members yachts during the CYCA Winter Series

Weeks 1-8: Sun 13 May, Sun 20 May, Sun 27 May, Sun 3 Jun, Sun 17 Jun, Sun 24 Jun
Fleet Racing, Elliott tuning and crew combinations
Events: Interclub Challenge (see below)

Weeks 9-12: Sun 1 Jul, Sun 8 Jul, Sun 15 Jul, Sat 21 Jul, Sun 22 Jul, Sun 29 Jul
Consolidation of crew positions and introduction to match racing
Events: Captain John Piper Regatta (see below)

Representative Events:

As part of the DMR program, each sailor will have an opportunity to represent the CYCA in fleet and match racing events. Sailors will also have the opportunity to participate in local match racing events hosted by the CYCA upon selection.

Interclub Challenge

The Interclub Challenge is a fleet racing series contested by the Cruising Yacht Club of Australia, Royal Prince Alfred Yacht Club, Royal Sydney Yacht Squadron and Newcastle Cruising Yacht Club. It was created in 2001 as a way to help identify and build youth sailors experience in fleet racing events who participate in a youth sailing program. Each participating yacht club may enter up to two teams per event (excluding NCYC event, where one team is invited per club). The CYCA encourages active participation from all DMR members in this series and will provide each sailor with the opportunity to compete. Dates for the 2018 Interclub Challenge are:

Sunday 3 June – NCYC
Sunday 10 June – CYCA
Sunday 17 June – RSYS
Sunday 24 June – RPAYC

Selective teams will be nominated two weeks in advance for each Interclub Challenge event.

Captain John Piper Regatta

Usually exclusive to YSA Advanced Squad sailors, this year's Captain John Piper Regatta has been rescheduled for July, allowing DMR sailors the opportunity to develop their match racing skills over the training dates and complete the program by competing in their first match racing event. The CJP Regatta is a 2-day World Sailing Grade 4 event and is open to all yacht clubs with 10 teams invited. A maximum of three DMR teams will be invited to the event.

Regatta dates – Sat 21 & Sun 22 July 2018

Presentation Evening: Friday 26 October 2018. Semi-formal

Eligibility:

If you would like to join the program, please complete the online registration form by Friday 20 April 2018. Athletes must be between the ages of 14 and 17 years of age and have already demonstrated a high level of sailing ability either through their own club and class results or participation in CYCA Youth Sailing programs. All applications will be assessed on merit for the available positions.

Program Cost:

Development Match Racing Squad - \$585.00

Includes all boat use, coaching throughout the course, entry fees to the representative events, YSA Presentation dinner and CYCA membership.

Contact

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